

10 Day Inspired Sri Lanka – Solo Traveller

AVG Travels – World Travel Experts!

Local Knowledge. Vacations of a Lifetime.

Discover the world with AVG Travels, where our team of destination experts combines local knowledge with a passion for adventure to offer you the vacation of a lifetime. At AVG Travels, we not only provide an immersive travel experience, prioritize your comfort, safety, and enjoyment, but also showcase the beauty and cultural richness of stunning destinations.

Specialists in touring since 2015, AVG Travels, previously known as Asia Vacation Group, are proud to craft your itinerary and create memories that last a lifetime. Travel with confidence knowing your trip has been thoughtfully crafted by our experts with you personally in mind.

International Flights Included	Solo Traveller Journey	Fully Escorted
7 Day Change Of Mind		

Day by Day Itinerary

Colombo, Sigiriya, Kandy, Nuwara Eliya, Weligama

HIGHLIGHTS

- Embark on a fascinating sightseeing tour of **Colombo**, using a mix of different transportation from public bus, tuk tuk and on foot
- Climb the iconic **Sigiriya Rock Fortress**, also known as Lion's Rock, and discover one of Sri Lanka's most extraordinary architectural marvels
- Take a jeep safari in **Minneriya National Park** and search for a rich tapestry of wildlife and herds of elephants
- Explore the ruins of **Polonnaruwa**, Sri Lanka's second-oldest kingdom, and immerse yourself in the island's rich history
- Marvel at **Dambulla Cave Temple**, a UNESCO World Heritage site, with its intricate rock carvings and stunning Buddha statues
- Visit the revered **Temple of the Tooth** in Kandy, a significant Buddhist pilgrimage site. This sacred temple, housing the tooth relic of Buddha, offers visitors a spiritual journey
- Watch a **Cultural Show** featuring traditional Sri Lankan dance, music, and vibrant costumes, highlighting cultural heritage through elaborate performances
- Experience a **scenic train ride** to Nanu Oya, hailed as one of the most beautiful train journeys in the world
- Spend time at a **tea plantation** estate in the picturesque hill country and learn the art to brewing the perfect cup of tea
- Relax and unwind with a day at leisure at **Weligama**, a coastal town with its golden beaches

ITINERARY

Day 1: Home - Colombo, Sri Lanka

Ayubowan. Welcome to Sri Lanka!

Touchdown at Colombo's Bandaranaike International Airport (CMB), and be met and transferred to your hotel for check-in. Enjoy the remainder of the day at your leisure. Colombo, Sri Lanka's bustling capital, blends colonial architecture with modern vibrancy. It features colourful markets, serene temples and seaside promenades.

Please Note: Although most flights arrive late at night, due to airline flight scheduling and availability, some

departures may occur one day prior.

Meals: In-flight

Accommodation: Granbell Hotel Colombo 4* or similar

Day 2: Colombo

Embark on a fascinating sightseeing tour of Colombo, using a mix of different transportation – from tuk tuks, to public bus and on foot for an authentic experience. Begin in the heart of the bustling commercial districts, where modern skyscrapers contrast with colonial-era architecture. Wander through Sea Street, the Goldsmith's quarters in Pettah, renowned for its vibrant gold shops. Pettah is a sensory overload with its colourful displays of textiles, spices, electronics, and jewellery. Head to the Fort, the historical British administrative centre and military garrison. Explore its heritage buildings, reflecting Colombo's colonial past. Visit the historic Dawatagaha Mosque and Independence Square to reflect on Sri Lanka's journey to freedom. Step inside the Colombo Museum, where you can explore the rich heritage of Sri Lanka and Gangarama Temple, known for its impressive collection of artifacts and serene ambiance. Later today you may choose to join an optional tour.

Meals: Breakfast

Accommodation: Granbell Hotel Colombo 4* or similar

Day 3: Colombo - Sigiriya

Leave Colombo early this morning on a drive to Sigiriya (180 kms / 4 hours), passing through verdant countryside and make a stop along the way at a pineapple plantation. You might have the chance to see local workers tending to the plants, and you can learn about the various stages of pineapple growing. Continue your journey towards Sigiriya, where the lush landscapes transform into a dramatic backdrop of ancient rock formations, setting the stage for your exploration of Sigiriya Rock Fortress.

Enjoy some time to relax and refresh before its time to climb the iconic Sigiriya Rock, known as Lion's Rock. Take in the impressive views at the summit of this 5th-century marvel. A UNESCO World Heritage site, built by King Kassapa I, it served as a royal citadel for more than 18 years and showcases extraordinary artistry and architecture, including the famous mirror wall and stunning frescoes.

Please Note: Starting from the base, the climb up Sigiriya Rock involves over 1200 metal stairs or steep steps. For those unable to make it to the summit, relax in the royal gardens or visit the Sigiriya Museum that offers exhibits and background on the cultural and religious significance of Sigiriya.

Meals: Breakfast

Accommodation: Elephas Resort & Spa 4* or similar

Day 4: Sigiriya - Polonnaruwa - Minneriya National Park - Sigiriya

Travel to Polonnaruwa (60 kms / 75 minutes), and discover Sri Lanka's second-oldest kingdom, featuring impressive ruins. Explore the magnificent Royal Palace, stunning Gal Vihara rock sculptures, and the intricately carved Parakrama Samudra reservoir. The historical site showcases impressive Buddhist temples, statues, and relics, reflecting the rich heritage of the medieval kingdom.

Later, take a jeep safari in Minneriya National Park and encounter a rich tapestry of wildlife and natural beauty. As you traverse the park's diverse landscapes, you'll encounter herds of majestic elephants, often seen congregating around the expansive Minneriya Tank. The park's lush forests and grasslands are also home to a variety of wildlife, including deer, leopards, and a vibrant array of bird species.

Meals: Breakfast.

Accommodation: Elephas Resort & Spa 4* or similar

Day 5: Sigiriya - Dambulla - Kandy

Early risers may choose the optional sunrise tour. Later after breakfast, set off from Sigiriya towards Kandy (90 kms / 2.5 hours), and see the landscape transform to rolling hills and lush greenery. En route stop to visit the renowned Dambulla Cave Temple, a UNESCO World Heritage site. The temple complex consists of five caves, each adorned with exquisite ancient murals and over 150 Buddha statues. The caves are carved into a vast rock outcrop, providing a striking backdrop and panoramic views of the surrounding countryside.

Continue to Kandy and explore the city on foot, visiting the Central Market and picturesque Kandy Lake. Witness the Temple of the Tooth, a significant Buddhist site. Built during the 17th century, the UNESCO World Heritage site houses the sacred tooth relic, which was brought to Sri Lanka in the 4th century A.D. This evening be entertained

with a traditional Sri Lankan cultural dance performance accompanied by musicians.

Meals: Breakfast

Accommodation: Hotel Topaz 4* or similar

Please Note: During the visit to the Temple of the Tooth, please wear clothing covering knees and shoulders, as a sign of respect. You will also be required to remove your shoes.

Day 6: Kandy - Nanu Oya - Nuwara Eliya

Before leaving Kandy today, stop for a visit at the Peradeniya Botanical Gardens, home to 4,000 plant species and once enjoyed by a Kandyan queen. Not to be missed is the beautiful orchid house, the avenue of palms and take time to see the impressive collection of giant bamboo. Head to the nearby station for a scenic train journey that winds through lush tea plantations and misty highlands. The train ride offers panoramic views of verdant landscapes, charming villages, and cascading waterfalls, making it a picturesque and tranquil adventure through Sri Lanka's beautiful hill country. Arrive in Nanu Oya and continue by road to Nuwara Eliya. Known as "Little England," it has a wonderful colonial charm and features picturesque and serene lakes.

Later stop and visit a tea plantation and a factory. Here you will enjoy the absolute tea experience, taking you from the young tea leaves being plucked before being processed in the factory onsite to make an amazing cup of tea. If you are interested, a tea plantation is the best place to purchase high quality tea.

Meals: Breakfast

Accommodation: Galway Heights 4* or similar

Please Note: Sri Lanka Railways have a manual booking system for train reservations. Tickets can only be booked 30 days prior to departure. On the rare occasion the train is fully booked we will cover the route by road.

Day 7: Nuwara Eliya - Weligama

Depart Nuwara Eliya for Weligama (230 kms / 5 hours), a scenic journey through lush landscapes and winding along mist-covered hills and tea plantations. Stop at the Nine Arches Bridge in Ella, an iconic railway bridge surrounded by dense jungle and mountains. After marveling at the view, continue to Ravana Falls, where the cascading water creates a serene and refreshing atmosphere. Finally, head toward Weligama, where the coast welcomes you with its sandy beaches and tropical charm.

Meals: Breakfast

Accommodation: Somerset Blue 4* or similar

Day 8: Weligama

Relax with a free day in Weligama, offering a perfect blend of relaxation and adventure. Spend time soaking up the sun on Weligama's golden beach, ideal for swimming or learning to surf. In the afternoon, explore the nearby fishing village or take a boat ride to see the stilt fishermen. As the day ends, enjoy a sunset dinner by the water, savoring seafood dishes.

Meals: Breakfast

Accommodation: Somerset Blue 4* or similar

Day 9: Weligama - Colombo Airport - Home

Relax until your transfer via the southern highway to Colombo's Bandaranaike International Airport (160kms / 2.5 hours) for your flight back home.

Meals: Breakfast.

Accommodation: In-flight

Day 10: Home

Welcome home. We hope you have enjoyed your amazing Sri Lankan adventure with AVG Travels.

INCLUSIONS

- **Return international flights**
- Small group journey, max. 16 travelers

- 8 nights in hand-picked 4-star hotel accommodation
- Daily breakfast
- Return airport transfers in country on the first and last day of tour
- Fully escorted by English-speaking local guides
- Dedicated private air-conditioned vehicles
- All sightseeing and entrance fees as per itinerary
- Two 500 ml water bottles per person per day
- 24/7 Support

EXCLUSIONS

- Visas
- Travel insurance
- Tipping and gratuities
- Any service not clearly mentioned in the itinerary
- Optional activities listed in the itinerary
- Personal expenses

DEPARTURE DATES: PRICE IS QUOTED IN \$ PER PERSON

DEPART AU	RETURN DATE	PRICE	NOTE	RESERVE YOUR SEAT
Tuesday 22 Apr 2025	Thursday 01 May 2025	\$3,899		Book
Tuesday 17 Jun 2025	Thursday 26 Jun 2025	\$3,499		Book
Tuesday 09 Sep 2025	Thursday 18 Sep 2025	\$3,499		Book
Tuesday 14 Oct 2025	Thursday 23 Oct 2025	\$3,499		Book
Tuesday 11 Nov 2025	Thursday 20 Nov 2025	\$3,799		Book
Tuesday 27 Jan 2026	Thursday 05 Feb 2026	\$3,799		Book
Tuesday 24 Feb 2026	Thursday 05 Mar 2026	\$3,799		Book

OPTIONAL TOURS



Colombo Family Cooking

\$65



Pidurangala Rock at Sunrise

\$25



Whale Watching

\$120

FINE PRINT

FLIGHT INFORMATION

This package includes international flights from Sydney, Melbourne, Perth, Adelaide, Brisbane or other city if requested when selecting your departure city.

Interstate Surcharge

Surcharges may apply and will be shown during the booking process when choosing your departure city.

In this package, we will use a selection of different airlines which may include a mix of full-service carriers or low-cost carriers. Luggage allowance is included.

- Some flights will require a minimum of 1 transit (maximum 2).
- All tickets will include 20-23 kilos checked baggage per person, along with 7 kilos of hand luggage.
- Despite the airlines baggage allowance, we recommend travelling with 20 kilos per person due to restrictions with internal flights (where applicable), as well as coach and train transportation. Also, you will be responsible for handling your luggage at all times as the services of porters is not included. If travelling over this amount, you will be liable for any excess baggage fees enforced by the airline, payable direct.
- Once ticketed, flights are non-refundable. **Any changes will be subject to the airline rules, Airline change fees and an AVG Travels change fee of \$250 per person.**
- Full names as per passport (including all middle names) are required. Any error in the names submitted will be subject to an AVG Travels name change fee of \$150 plus any applicable fees charged by the airline, or the ticket may be non-refundable with the purchase of a new ticket required.
- Any airline schedule changes or cancellations are beyond our control. It is important that you, as the customer, stay up-to-date with the latest airline schedule information prior to your departure. If a schedule change results in extended transits or an earlier/later departure from your destination, any additional accommodation or alternative arrangements will be at the traveler's expense.
- Any airline 'extras' such as pre-allocated seating is at your own arrangement (additional charges apply)
- After booking, the price payable may be subject to change as a result of factors beyond the control of AVG Travels. AVG Travels reserves the right to increase the price payable and this will be reflected on the customer's invoice. Increases may be in relation to, but not limited to, currency fluctuations, airline taxes, airfare increases and fuel surcharges.
- Internal flights (where applicable and included in the itinerary) will be using a local carrier and may include low-cost carriers without meals or entertainment. Checked baggage will still be included for each passenger. Any additional baggage required is payable at time of check-in.
- If you are travelling with another party on a separate booking, we cannot guarantee that the same flights will be booked for all parties, as this strictly depends on availability.
- You will be responsible for handling your luggage at all times as the services of porters are not included. If travelling over the recommended amount, you will be liable for any excess baggage fees enforced by the airline, payable directly.
- In the event of that you no-show on your scheduled flight, please be aware the airline will require you to pay a no show fee, Airline reissue fee plus any additional airfare and taxes. AVG Travels will also charge a \$250 admin fee to assist reaccommodating you on the next available flight. Please note that depending on the airline's policy, purchasing a new ticket may be required.

Flight requests, amendments or preferences

We understand customers may wish to request changes to their included airfares. If you wish to fly with a certain airline, land at a certain time or change your flight in other ways we will gladly provide you with a personalized quote tailored to your specific requirements.

We would be more than happy to provide you with a quote for the following requests:

Airline Preferences – You may wish to fly with a particular airline

Cabin Preferences – These include upgrading to premium economy or business class

Extensions (start and end cities must remain the same) – You may request to extend your stay pre or post tour.

Meal Requests – You may request a specific meal for dietary requirements.

Seat Requests – If you would like to request particular seating. However please note, not all airlines allow the selection of pre-purchased seat arrangements.

IMPORTANT INFORMATION

Group Size

Minimum: 4

Maximum: 14

Single Supplement

This is a solo traveller departure

Paired Solo Traveler

Not available

Triple Share

Not available

Children

This tour is not suitable for children

Solo Tour by AVG Travels

Our AVG Travels Experts have crafted this itinerary, blending local insights and travellers preferences to create this unforgettable experience. We have considered attractions, logistics, and unique opportunities, ensuring each detail aligns perfectly. Our expertise transforms trips into seamless adventures, offering bespoke inclusions that will ultimately enhance your time touring with AVG Travels.

Embark on the adventure of a lifetime with our exciting new range of **Solo Tours**, designed exclusively for independent travelers who want the best of both worlds: the freedom of solo exploration and the camaraderie of a small group.

– **Private Rooms Guaranteed:** Say goodbye to sharing! Enjoy your own private room on every stop, offering you comfort and space to unwind after a day of discovery.

– **Like-Minded Companions:** Meet fellow solo travelers who share your passion for exploring the world. Forge connections, share stories, and create memories with people just like you.

– **Small Group Comfort:** With groups capped 16 travellers, you'll enjoy a more personalised experience.

– **Expertly Curated Itineraries:** Every tour is thoughtfully designed to strike the perfect balance between guided exploration and free time.

Whether you're a first-time solo traveler or a seasoned adventurer, our Solo Tours are here to redefine your travel experience. Perfect for those seeking independence, social connections, and unforgettable journeys—all with the comfort of a small group.

Tour Length

The total length of the tour in days includes time spent in flight and is subject to change depending on the flight schedule, please refer to the day-by-day itinerary for the time spent on land.

Accommodation

The accommodation listed in the itinerary is intended as a guide only and is subject to change. Any changes will be of an equal or higher standard. Bedding configurations (double or twin) are requests only. All efforts will be made to meet your preferences however any changes are beyond our control.

Guides in Sri Lanka

National Guides are well versed in the overall history, geography and major attractions across multiple regions of Sri Lanka. They can share detailed explanations of the cultural elements of the country. Often holding professional

certifications or license recognized by tourism authorities, they work closely with local guides to provide a seamless experience. Groups with 8 or more travelers will be accompanied by a National Guide.

Local Guides specialize in a specific region or city. They offer in-depth knowledge about local attractions, cultural nuances, history, and daily life. Fluent in the local language and with a deep understanding of local landmarks, traditions, and cuisine they offer insights into the area that a broader national guide might not cover.

Chauffeur Guide combines driving and guiding into one role. In addition to driving, the chauffeur guide can provide general information about the sights, history, culture, and local customs of the areas visited. They are typically well-versed in local customs, etiquette and norms to ensure interactions with locals are respectful and meaningful.

Arrival and Departure Transfers

Arrival and departure transfers are available on the first and last day of your tour only. If you booked additional pre- and post-tour accommodation with AVG Travels, transfers may be included on selected tours. Transfers may be shared with other travelers who will be on the same tour if arriving on the same flight or another flight arriving within a 60-minute window. If the holiday you book is LAND ONLY, arrival and departure transfers are NOT included in your tour price. You will need to make your own way to the joining hotel.

Physical Requirements

Fitness Level

A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting on and off coaches and boats, exploring the sights, climbing stairs and walking over a variety of terrains from cobblestones streets, hiking trails and moderate hills. There may be 1 or 2 days on tour when walking can cover 4- 6 kms over uneven terrain. Regular walking and light exercise before your trip can help ensure a more enjoyable and hassle-free travel experience.

Pace of Travel

The itinerary is moderately paced with a mix of sightseeing, travel between destinations and some time at leisure. Travel times between locations can vary, and road conditions may affect the schedule. Be prepared for some early starts and active days, but also enjoy some downtime to rest and explore independently. Flexibility will enhance your overall experience.

Tipping, Gratuities and Porterage

A friendly reminder that tipping, gratuities and porterage is not included in your package. Tipping is customary in many countries as it makes up the wage component for these services. Many countries don't have a minimum wage like we do in Australia. Please be advised that USD \$6 per person/day (or equivalent in local currency) will be collected in country by your tour escort on Day 1. This will cover all services throughout your journey but does not cover tipping or gratuities for room service, optional tours or any activities you do without the tour group. The tipping collection is not compulsory, however we have found that many travelers appreciate this as it relieves the stress and worry of having to carry small amounts of money to tip for services throughout your tour.

Tour Documentation

Final documentation, including e-tickets and hotel details, will be provided approximately 30 days prior to travel.

Travel Insurance

Travel insurance is recommended to protect yourself against the unexpected. In addition to the support that a policy may provide, you may be asked to present a copy of your travel insurance documentation while traveling.

We have partnered with Nib Travel Insurance to offer our customers competitive rates for their travel insurance. You can book Comprehensive or Essentials cover for your domestic, international or multi-trip journeys simply with us.

Visa & Passport information

It is the traveler's responsibility to ensure they have a valid passport. The passport must be valid for a minimum of six months from the intended date of return and must have more than 2 blank pages.

Sri Lanka

An e-visa is required for entry into Sri Lanka. The Department of Immigration and Emigration launched a system called "Electronic Travel Authorization – ETA" in order to grant prior approval for a visa online for foreign nationals who visit Sri Lanka. You can visit <http://eta.gov.lk/slvisa/> to purchase your visa online.

E-Visa's are only valid for 30 days, so you can only apply closer to your travel dates. Please do not apply for your visa until you have your travel documentation. It will take 3 business days to be approved. The cost is US\$50 per person.

Update 1 October 2024

DELAYED. The proposed implementation of visa-free travel, as previously announced in August 2024, has been put on hold with the recent elections in Sri Lanka. As such all guest will need to apply for a e-visa/eta using the following <http://eta.gov.lk/slvisa/>

Please note that these details are subject to change without notice. We recommend visiting <https://www.smartraveller.gov.au/> for up-to-date information in terms of entry requirements.

Weather

Sri Lanka has a tropical climate, characterized by two distinct monsoon seasons. The southwest monsoon brings rain from May to September, while the northeast monsoon affects the eastern part of the island from December to February. Be prepared for sudden rain showers, especially during monsoon periods. Temperatures are generally warm year-round, ranging from 25°C to 32°C (77°F to 90°F). Humidity is high in coastal areas while the central highlands are cooler. Pack light breathable clothing for coastal regions and warmer layers for cooler highlands.

Currency

Sri Lanka's currency is the Sri Lankan Rupee (LKR), symbolized as Rs. Banknotes ranging from 10 to 5,000 and coins from 1 to 10 rupees are commonly used. ATMs are widely available in urban areas, and credit / debit cards are accepted in many hotels, restaurants and shops. It's advisable to carry some cash for smaller transactions and rural areas where card facilities may be limited. Currency exchange services are available at airports, hotels, and local exchange bureaus.

Electricity

Sri Lanka operates on a 230V supply voltage with a frequency of 50Hz. The common plug types are D (three round pins in a triangular pattern) and G (three rectangular pins in a triangular pattern) so travelers from countries with different plug types may need a power adapter. Generally hotels and accommodations will provide adapters upon request or have multi-purpose sockets, but it is wise to carry one for convenience.

HOW TO EXTEND YOUR STAY

You can enhance your holiday by arriving or departing before or after the tour. On this tour you can choose from the following options:

Pre Tour Accommodation

- Colombo \$250 per room, per night including one-way airport transfer based on double/twin room share

Post Tour Accommodation

- Weligama \$250 per room, per night including one-way airport transfer based on double/twin room share
- Please select the number of extra nights required in the 'Additional Nights Accommodation' field when making your purchase. The additional cost for these arrangements will be added to your final payment invoice and are subject to availability.

AVG Travels

Australia Call: 1800 229 339
New Zealand Call: 0800 220 920
US Call: 1 888 440 6001